

Women in Health Collaborative Fund Information Session

September 26, 2024

Please put questions in the chat

Welcome and Women's Fund Mission Statement

Women's Fund of Central Indiana convenes, invests, and advocates so all who identify as women or girls living in central Indiana have an equitable opportunity to reach their full potential no matter their race, place, or identity.

Background

■ Women in Health Collaborative Fund created to provide funding to organizations providing health services.

- □ Harness work, wealth, and wisdom of women in health care to improve health outcomes.
- 2024/2025 grantmaking focus: reproductive health (including infant/maternal mortality) and Black girls' mental health.

Application Parameters

- Organizations serve self-identified women/girls in 8-county central Indiana area
- Apply for program grant only
- Staff and indirect costs allowable
- Applications demonstrating collaboration and innovation prioritized
- We strongly encourage inclusion of organizations working directly in the community and serving most vulnerable underserved populations
- Organizations are strongly encouraged to partner with a grassroots organization(s) serving underserved populations
- Maximum allowable request: \$50,000

Application Parameters

- All current and previous Women's Fund grantees and other organizations may apply
- Organization submitting the application will serve as the fiscal agent and will receive the funds. Requested board and financial documents should come from the applicant organization.
- Grant period: April 1, 2025 March 31, 2026.
- Applicant organization must be a nonprofit 501(c)(3) organization and have a board composed of at least 50% individuals who identify as women. If you are interested in using a fiscal sponsor, please contact Julie Koegel at juliek@cicf.org to discuss prior to application submission.

Funding Priority: Reproductive Health

- Improved access to reproductive care
- Decreased maternal mortality
- Increased/improved education on reproductive health
- Increased/improved services for vulnerable self-identified women

Funding Priority: Black Girls' Mental Health

- Increased/improved programming focused on image and identity
- Improved access to and knowledge about existing services
- Decreased stigma relative to mental health services
- Decreased impact of racism and trauma
- Providers that are culturally competent and provide trauma informed services

- Must applicant organization only serve women/girls? No. However, services to be funded must be gender specific and only serve women/girls.
- Must applicant organization have a board that is at least 50% female? Yes. However, if a fiscal agent will be used, please discuss this with Julie Koegel prior to application. It is possible an exception will be made if the circumstances are uncommon. However, an application will be stronger if the applicant's organization has a board that is at least 50% female.

- Must any other partner(s) have a board that is at least 50% female? That would be preferable and would make the application stronger but is not required.
- □ Can I apply for less than \$50,000? Yes
- □ Can I apply for more than \$50,000? No
- Can an organization apply without partners? Yes, but applications demonstrating collaboration and innovation will be prioritized, particularly those working with grassroots organizations serving underserved populations.

- What does reproductive health include?
 - State of physical, mental, and social well-being related to the reproductive system at all stages of life.
 - □ Ability to have a responsible, satisfying, and safe sex life free of coercion, the capability to reproduce, and the freedom to decide if, when, and how often to do so, and to do so with support and without bias.
 - □ Access to appropriate, trauma-informed healthcare services, and medically accurate, inclusive education and information, allowing them to make informed decisions about contraception, pregnancy, childbirth, and the prevention and treatment of reproductive system-related diseases or conditions.
 - Medical care related to the reproductive system, for example, to treat a sexually transmitted infection, or services that support comprehensive contraception counseling and care, abortion care, and care throughout pregnancy and postpartum.

- □ Does programming addressing Black girls' mental health have to include only Black girls? At least 75% of those to be served must be Black girls or girls who are 2+ races (including Black). The programming must be directed at Black girls' experiences and must be trauma informed and culturally competent for Black girls.
- Does mental health also include mental wellness? Yes
- □ How are Black girls defined relative to age? Girls who are 18 and under.

- What staff and indirect costs are allowed? Direct program staff and expenses can be included in the budget, as well as other staff and indirect costs (occupancy, marketing, part of leadership staff time, etc.) that can be attributed to the program. However, other staff and indirect costs can't exceed 20% of the total requested amount. If there are multiple partners, the total other staff and indirect costs can't exceed 20% of the total requested amount.
- Can an organization not located in central Indiana apply? Yes, if they serve central Indiana women/girls. However, we are committed to honoring community voice. Organizations with no central Indiana board members will not be as competitive.

- ☐ If my organization's previous application has been declined, can I still apply? Yes. If you have questions talk to Julie Koegel.
- What outcomes is Women's Fund seeking? You will tell us how you define success. However, listing specific quantitative or qualitative outcomes will make your application stronger.
- Will there be a Year 2 grant round? That is our goal but we cannot commit at this time.
- ☐ If there is a Year 2, will the topics be the same? That is unknown at this time.

- Does Women's Fund have a minimum requirement of women/girls served who are people of color? No, but the women/girls to be served should be representative of the community (see prior questions about Black Girls' Mental Health).
- Does Women's Fund have a minimum requirement of board members who are people of color? No, but the board composition should be representative of the community and the women/girls served.
- Will applicants present to the Steering Committee? No but they can upload a 2-minute video with their application.

- □ What reports will be required? Grantees will complete a final report in the CICF grants portal.
- □ How much money is available? At least \$100,000 and very possibly more.
- □ From where do the funds come? A generous grant from IU Health, Women's Fund grantmaking dollars and individual contributions by women working in healthcare.
- Who makes the final grant decisions? The Steering Committee will send a list of potential grantees to donors who will vote on funding. Women's Fund Advisory Board will approve funding decisions.

- ➤ Can an organization apply under both priority areas? If a program includes both priorities, you can submit one application. If you have 2 different programs, you can submit 2 applications.
- ▶ Is Women's Fund willing to fund a pilot program? Yes.
- My organization is very small and hasn't raised more than \$50,000 in the last two years? Will my application be competitive? Contact Julie Koegel to discuss how your application can be competitive.

FAQ

What staff and indirect costs are allowed? Direct program staff and expenses can be included in the budget, as well as other staff and indirect costs (occupancy, marketing, part of leadership staff time, etc.) that can be attributed to the program. However, other staff and indirect costs can't exceed 20% of the total requested amount. If there are multiple partners, the total tother staff and indirect costs

Timeline

Application open October 1 - 31 at 4:00 pm in the CICF grants portal

Applicants notified of funding decisions by the end of March 2025

Submission Instructions

- □ Submit application through CICF grants portal. Choose Women in Health Collaborative Fund 2025 under Open Call. Organizations can start an application and finish it later. Once the application is submitted, no changes can be made.
- You can upload a 2-minute video.
- Organizations must create or update an existing organizational profile before completing the application. This can be done at any time.
- □ For technical/portal questions, contact grantsupport@cicf.org.
- □ For other questions contact Julie Koegel at juliek@cicf.org or 317.696.1933.

Questions?

□ Don't forget our Power of Women event on November 4 at the Indiana Roof Ballroom. Our esteemed speaker will be Ruby Bridges.

□ Thank you for your support of women and girls in our community.